

February 23, 2020
7th Sunday in Ordinary Time

St. Leo Catholic Church
330 W. 8th Street
Palmyra, NE 68418
(402) 780-5535
Emergency Calls: (402) 202-7685

St. Martin Catholic Church
125 W. 3rd Street
Douglas, NE
(Please send mail to St. Leo Church)
www.stleoandstmartin.com

Pastor Email: leomartinpastor@gmail.com
Megan Carman (Secretary) Email: leomartinsecretary@gmail.com

Fr. Adam Sparling, Pastor

Mass Intentions

Feb	24	Mon	8:00am	St. Leo	Mariella Sorensen (Swanda)
Feb	25	Tues	No	Mass	
Feb	26	Wed	7:00 pm	St. Leo	+Joan Smyth (Blankley)
Feb	27	Thur	8:00 am	St. Leo	Cara Erickson (Gilligan)
Feb	28	Fri	8:00am	St. Leo	+Jean Rosenberg (Rawe)
Feb	29	Sat	4:00 pm	St. Martin	Rawe Family (Griswold)
Mar	1	Sun	8:30 am	St. Leo	The people of our parishes
Mar	1	Sun	11:00 am	St. Leo	Hope Crom (Bday)

Your Response to the Lords Generosity:

February 16, 2020

	Adult	Youth	Plate
St. Leo	\$894.50	\$ 0	\$61
St. Martin	\$405	\$ 21.55	\$16

“God is able to provide you with every blessing in abundance, so that you may always have enough of everything and may provide in abundance for every good work.” 2 Corinthians 9:8

Thank you to those who give!

Weekend Masses:

1st, 3rd & 5th (Odd Sundays)	2nd & 4th (Even Sundays)
Saturday 4 PM at St. Martin	Saturday 4 PM at St. Leo
8:30 AM at St Leo Palmyra	8:30 AM St Martin Douglas
11:00 AM at St Leo Palmyra	11:00AM St Leo Palmyra

Confessions:

Saturdays: 3:30 PM-3:45 PM
Sundays: 8:00 AM-8:15 AM
 10:30 AM-10:45 AM

*Any time by appointment

Exposition of the Blessed Sacrament:

Sundays prior to 11:00 am Mass

CALENDAR ITEMS

- **ASH WEDNESDAY MASS Feb 26TH** – Ash Wednesday Mass will be 7pm at St. Leo's.
- **Adult Faith Formation** – “Oremus: A Catholic Guide to prayer” Wednesday evenings beginning at 7pm in Divine Mercy hall. If you have any questions please contact Chad Hartwick.
- **‘Day of Recollection’ Retreat.** The LDCCW has planned two retreats, open to men and women of the Lincoln Diocese. Join us on Ash Wednesday, **February 26th**, at the Waverly Good Counsel Retreat House, from 9 – 3, with Father Justin Fulton. Cost is \$10 and you are asked to bring your lunch. Your second/alternative retreat is Friday, **February 28th** at St. Mary Church in Sutton, from 9 – 2:30, with Father Andrew Heaslip. Cost is \$5 and you are asked to bring a meatless salad to share. If you have questions, please email ldccwpresident@gmail.com
- **Palmyra Fire & Rescue Soup Supper is Saturday, February 29** from 5-8 PM at the Senior Center in Palmyra. A variety of Soups will be served with cinnamon roll and your choice of tea or lemonade. Free will donation.
- **Day of advocacy at the Nebraska State Capitol** on March 4, 2020! We begin at St. Mary's in Lincoln with Mass at 8 a.m., and the program will be at 9 a.m. with speakers, lunch, and lobbying activities until 1:30 p.m. Hear from keynote speaker - former Nebraska Governor Kay Orr, State Senators, and the Nebraska Catholic Conference staff on important legislative issues of the 2020 Legislative session. For more information and to register at necatholic.org or call [402.477.7517](tel:402.477.7517).
- **St. Martin's Altar Society Annual Soup Supper** on **Sunday, March 15th** from 10:30am-1:00pm. There will be a variety of soups, sandwiches, homemade pies and desserts available. FREE WILL OFFERING. Also, check out the bazaar items and buy raffle tickets for \$1.00 each or 6 for \$5.00.
- **Easter Monday Pilgrimage** April 13 led by Fr. Coulter to visit several churches in SE Nebraska and NE Kansas. Depart from St. Patrick, Lincoln at 7:30 a.m., Mass & prayers during the day, return by 5:30 p.m. \$50 includes lunch, snacks and charter bus. Limited seats. Make your reservations early at: www.frcoulter.com/EasterMonday or contact the Retreat House at goodcounsel@cdolinc.net or 402-786-2705. Registration deadline is March 15th.
- **2020 Lenten Series – A Lenten Encounter with Christ-Forgiveness, Healing, Intimacy, Mission.** JXXIII Chapel, 3700 Sheridan Blvd., Lincoln from 7:00 pm to 8:30 pm, Mondays of Lent, **March 2-March 30**. Matt Simmons will be giving the talks with Adoration to follow. Jonathan Little will be playing music during adoration while attendees can go to confession, receive prayer ministry, and have silence for prayer.
- **A Life in the Spirit Retreat at North American Martyrs Catholic Church** March 27- 29th, 2020. Mother Lucy and Sr. Marguerite Marie, DOLJ will present the retreat, which will begin on Friday, from 7-9 p.m. and resume with Mass Saturday at 9 a.m. and go till 3 p.m. including a breakfast and lunch. Sunday, we begin with 8 a.m. Mass and finish at 3 p.m., with breakfast and lunch. Registration is \$25. Please send your name, parish, check and any special needs to julie-crawford@cdolinc.net or 1101 Isaac Drive, Lincoln, NE 68521.



ANNOUNCEMENTS

- **FOOD PANTRY COLLECTION** - St. Leo and Martin Parishes are collecting donations for the Food Pantry during the month of February. Please bring non-perishable foods for collection. If you have any questions please contact Valerie Donovan.
- **Attention Amazon users!** If you do please consider using AmazonSmile for your purchases! If you do and *select St. Leo Catholic Church of Palmyra* as your charitable organization a portion of your purchases will be given back to the parish Religious Education Program. Or go to: <https://smile.amazon.com/ch/47-0537439>
- **E-Tithe!** Parishioners can now contribute to the Church via check, credit or debit card by going to our website and clicking the “Give Now” (or by going to <http://giving.parishsoft.com/stleo>). As always you can still give via cash or check in your envelope anytime.

➤ **Have you checked out the new FORMED.org?** — Programs, eBooks, movies, and talks that will entertain, engage, and inspire them with the beauty and wonder of their faith. FORMED is an on-line Catholic resource treasure trove. The parish pays for an annual subscription for you to use to grow in our beautiful faith. If you have not signed up for it yet, go to www.formed.org -- enter the parish code **KN4A9J** -- enter information required -- create a password -- search through and enjoy the material.

➤ **Mass Intentions** - The tradition of offering Masses for others originates in the early Church. A priest offers Mass with three intentions: 1) to offer the Mass reverently and validly in accord with norms of the Church, 2) to offer the Mass in union with the whole Church and for its good, and 3) to offer the Mass for a particular intention. The suggested donation is \$10 per Mass. Checks should be made payable to: St. Leo Stipend Account.

Lenten Observations and Obligations:

Lent begins this Wednesday as we place ashes on our foreheads as a reminder that we are dust and to dust we shall return. Therefore we live each day for the eternity of heaven for which we have all been created. During Lent, all Catholics are reminded about these regulations:

- **ASH WEDNESDAY & GOOD FRIDAY are days of FAST and ABSTINENCE**
- **ALL FRIDAYS of Lent are days of ABSTINENCE**

What is fasting?

- ✓ Eating only one full meal with two smaller meals, which together do not equal the full meal.
- ✓ No snacking or eating between meals is allowed.
- ✓ Fasting obliges all Catholics between the ages of 18 and 59.

What is abstinence?

- ✓ Eating no meat, and no soup or gravy made from meat.
- ✓ Abstinence obliges all Catholics over the age of 14.
- ✓ Sickness, hard manual labor, pregnancy, etc. automatically excuse a person from these obligations.

For Lent, prayerfully consider not just “giving up” something but also “adding” to your prayer or almsgiving.

Note from Father:

With Lent to begin a few days from now if you are still looking for an inspiration of what to do personally or as a family let me share the following:

Give up one or two days per week of tv, ipads, cell phone use, or electronic games. Place a jar on the table and deposit a quarter each time you catch yourself at (insert whatever you choose) and then give the money to a charitable cause. Put no salt in or on your food for Lent. Offer an hour per week to visiting a nursing home, homebound or hospital. Don't use the dishwasher and do dishes by hand. Read a book a week to your children or grandchildren. Pray the rosary together daily. Make a Holy Hour each week! Make a dinner each week and deliver to someone in need or who could use a helping hand. Pick up trash along a country road or highway. Volunteer an hour for a project to help a neighbor, the church or a project in need. Memorize some new prayers.

Whatever you choose it should be something that is challenging or that you might consider ‘hard’—that you will feel a sacrifice and that you will keep all of Lent. Better to choose a couple of things and do them well than start out with too much and end up doing nothing by the end of Lent.

Please join in on praying the Stations of the Cross this lent!

- **Stations of the Cross this lent will be:**
 - + **Wednesday mornings following Mass at St. Martin's**
 - + **Friday evenings at 6pm at St. Leo's.**

To help you and your family dive deeper into the mystery of lent please consider using our parish subscription to FORMED.org as a resource (contact me if you need help). Also, Dynamic Catholic has Lenten materials available with inspirational videos, practical tips and encouraging stories. It is a 40 day program to help make you the-best-versions-of-yourself. You can access those at DynamicCatholic.com/lent. These are just two of the many resources to help make this lent more meaningful rather than just “that Catholic stuff” us “crazy's do”.

A blessed and sacrificial lent to you all!! God Love You!

~ Fr. Sparling

Habits worth getting into to grow spiritually:

- + Attend a weekday Mass
- + Pray the rosary as a family each week or day
- + Say the meal time prayers
- + Offer a Divine mercy chaplet for someone
- + Read Scripture or another Spiritual work
- + Choose and do a work of mercy each day
- + Make a Holy Hour before the tabernacle
- + Start a Bible study
- + Help sponsor and create opportunities for parish community building
- + Make use of our FORMED.org subscription
- + Let go and let God!!!!

Combined Collection Envelopes in Your Packet

The charities that receive funds from this collection are:

- Catholic Relief Services
- Catholic Home Missions Appeal
- Black & Indian Collection
- Catholic University of America
- Catholic Communications Campaign
- Retirement Fund for Religious